



The Philadelphia Shambhala Center is part of Shambhala International, a worldwide association of meditation centers that provides meditation instruction, classes, and programs. Founded by Tibetan meditation master and scholar Chögyam Trungpa Rinpoche, Shambhala International is now directed by his son and spiritual heir, Sakyong Mipham Rinpoche. For more information please visit:
www.shambhala.org

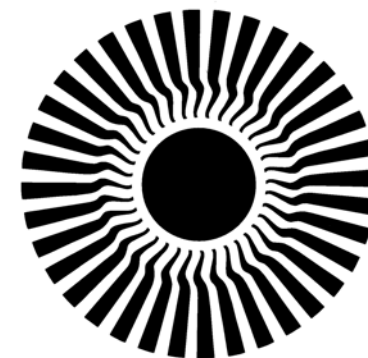
PHILADELPHIA SHAMBHALA CENTER

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PHILADELPHIA
SHAMBHALA CENTER

MEMBERSHIP



Creating Enlightened Society

(215) 568-6070
www.philashambhala.org

MEMBERSHIP AT THE PHILADELPHIA SHAMBHALA CENTER

The Philadelphia Shambhala Center is a community of meditators who are united by an aspiration to develop the heart of wakefulness.

We come from all backgrounds, and welcome anyone who seeks to deepen his or her understanding of what it means to be human and to live in a compassionate way. Community members practice a variety of contemplative and artistic disciplines as well as the profound traditions of meditation and study. Whether one's interest is primarily in the Shambhala teachings, the Kagyü and Nyingma lineages of Tibetan Buddhism, or the Nalanda arts, each path is based in an appreciation and exploration of one's life. Our common vision is grounded in meditation practice and expressed as gentle wakefulness and natural human dignity.

The Shambhala Center is also a place: a facility dedicated to helping people tune into their own sanity and good human heart. As a community, we are committed to maintaining this practice and teaching environment to foster a sane human society and to extend a helping hand to others.

Meditation sessions and personal meditation instruction offered at the Philadelphia Shambhala Center are free and open to all. In addition, classes and practice intensives are offered

at a nominal fee. In this way, we are making an offering to the people of greater Philadelphia.

Becoming a member of the Philadelphia Shambhala Center is an acknowledgment of one's connection to the practice of meditation. It is a way to be a part of this community and to help us offer ourselves, our teachings, and our space to the Philadelphia area.

Membership Information

Traditionally there are three ways of participating as a member. Since each person's life is different, we invite you to balance these three activities in a way that works for you.

Practice and Study:

Mindfulness/awareness meditation is the basis of the integrity and well-being of the Shambhala Community, and the gateway to involvement at the Center. Continuing study of the wisdom traditions of Shambhala supports and informs that practice. Members of the Shambhala Center of Philadelphia maintain a commitment to ongoing meditation practice and study.

Community Participation:

Members help with a variety of community events that call for the time and effort of volunteers. Organizing classes, open houses, public talks, com-

munity celebrations, and teacher visits require volunteers to offer their time to such activities as staffing weekends, cleaning, maintenance, flower arranging, and leading meditation sessions.

Dues and Donations:

The money collected from dues makes up a part of the center's annual budget. It is used for funding rent, physical upkeep, mailings, insurance, staff salaries and other operating costs.

Membership Options for Monthly Dues

Member: \$25-40

Sustaining Member: \$45-95

Family Membership: \$60-85

Sustaining Family Membership: \$90

Benefactor: (Family or Individual) \$100+

Automatic withdrawal of dues is encouraged.

All members receive a 20% discount on programs and books in our bookstore.

To obtain further information on becoming a member, please contact
info@philashambhala.org
or
(215) 568-6070